

Increasing Language at BATH TIME



Bathtime is a perfect opportunity to create a predictable routine – meaning you want to use the same words and phrases during every bath. This routine gives your child the chance to hear the same phrases over and over, building their vocabulary. This predictability makes it easier for them to use or express those words.



FOCUS ON EARLY BODY PARTS

while you help
your child wash.

Ask “where’s
your ___?”
(nose, eyes,
hair, feet, etc.)



SIMPLE SPEECH

Draw attention to your mouth while you say “pop”. Make a lot of bubbles and practice saying it each time you pop a bubble. Use an animated and smiling face to engage your child. Keep the tone of your voice animated and sing-songy to keep your child’s attention.



Routines + repetition
help language grow!

the little SLPea

Increasing Language while BRUSHING TEETH



Any time spent in the mirror is a great time to build a connection and build language with your child. Brushing his/her teeth is a great time to spend a little extra time playing.



Use the mirror as a perfect way to establish back and forth social routines. Make funny faces back and forth, stick out your tongue, blow raspberries or sing songs. Anything to create an interaction with your child.



DO THIS:

“It’s time to clean your teeth. We clean our teeth so they stay healthy. We want healthy teeth so we can eat all kinds of foods. Let’s get your green toothbrush. Can you find the toothpaste? Squeeze just a little bit out. That’s a little bit. Now, what do we do? Yes, let’s brush the front. Now what? Yes, the back! You brushed your teeth. Now let mommy brush them too. I am brushing the front and now the back. I go up and down and make sure I get all your teeth. We did it. Time to rinse our teeth and our brush so they stay clean.”



LANGUAGE TIP:

Use positional words like “Up and Down” and “Front and Back” while you and your child brush your teeth.



Every routine is a chance
to connect + communicate!

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